



Festival Mosaic

January 23, 2021

DANCER MENTAL HEALTH WEBINAR

RESOURCES

- Crisis Text Line: Text HOME to 741741; Free support in entire US
- National Suicide Prevention Lifeline: 1.800.273.825
- NAMI – National Alliance on Mental Illness: www.nami.org
- Eating Disorder Hotline: 1.866.730.8640
- Find a Therapist: www.psychologytoday.com/us/therapists
- More Resources: www.wearemindthegap.org/resources
- Rachel Coats, MS, LMHCA: Please feel free to contact: rachel@accent-counseling.com
- Josh Spell, MSW, LSWAIC: Please feel free to contact: jspell@pnb.org