## THE STUDIO, SCHOOL OF CLASSICAL BALLET

OFFICIAL TRAINING ACADEMY OF SANTA CRUZ BALLET THEATRE | CLASSES FOR CHILDREN, TEENS AND ADULTS

## SUMMER ADULT CLASSES • June 25-July 20

## Core-Strengthening and Alignment Classes Tuesday, Wednesday, Thursday 3-3:45 pm Special drop-in rate \$20 per class

Improve your core strength, posture and flexibility ~ no experience necessary!

Bring a yoga mat or beach towel and wear comfortable clothing. Taught by

Linda Lock who has 20 years of experience teaching at The Studio.

Intermediate Ballet Monday 6:30-8:00 pm Improve your coordination and skill. Taught by Robert Kelley.

Int/Advanced Ballet Wednesday 6:30-8:00 pm Intermediate skill level required. Taught by Diane Cypher

Adult Ballet Class rates: \$22 single class, 4 classes for \$80

First class is **ALWAYS FREE** for new students

The Studio is located at 2800 S Rodeo Gulch Road, Soquel Contact our Registrar: (831) 479-1600 or sandy@scbt.org
Official academy of Santa Cruz Ballet Theatre scbt.org